









November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Carnation</p>			11:00 Restorative Program 1 2:00 Poppy Crafts 6:00 Walk & Talk	9:30 Remembrance Day Craft 2 11:00 Restorative Program 2:00 Anglican Worship Service 6:00 Dice Games	1 Year Anniversary 3 9:30 Card Club 11:00 Restorative Program 2:00 TeaGIF	9:30 Walk & Talk 4 11:00 Restorative Program 2:00 Entertainer by Don McDougal
Daylight Saving Time Ends 5 9:30 Noodle Ball 11:00 Restorative Program 2:00 Wesleyan Worship Service	10:00 Entertainer by Tom Valiquette 6 11:00 Restorative Program 2:00 Bingo 6:00 Crafts	10:00 Restorative Program 7 11:00 Fun and Fitness with Kathleen 2:00 Residents Council Meeting 6:00 Hot Chocolate Cart	11:00 Restorative Program 8 2:00 Entertainer by Hudson 6:00 Short Stories	9:30 Arts & Crafts 9 11:00 Restorative Program 2:00 Remembranc Day Service with Rev.Juliet	9:30 Card Club 10 11:00 Restorative Program 2:00 Entertainmen by Chris and Ian 6:00 Movie Night	Remembrance Day 11  10:00 Televised Remembrance Day Service 11:00 Restorative Program 2:00 Pampering
11:00 Restorative Program 12 2:00 Pentecostal Worship Service	9:30 Card Club 13 11:00 Restorative Program 2:00 Bingo 6:00 Movie Night	9:00 Noodle Ball 14 10:00 Restorative Program 11:00 Fun and Fitness with Kathleen 2:00 Entertainment by Ice No Slice 6:00 Movie Night	10:00 Christmas Shopping Trip to Carlingwoot Mall 15	9:30 Word Games 16 11:00 Restorative Program 6:00 Pampering	9:30 Card Club 17 11:00 Restorative Program 2:00 Men's Club	9:30 Baking Cookies 18 11:00 Restorative Program 2:00 Entertainmen by Jumping Jimmy
9:30 Arts & Crafts 19 11:00 Restorative Program 2:00 United Worship Service	9:30 Card Club 20 11:00 Restorative Program 2:00 Bingo 6:00 Movie Night	9:00 Movie 21 10:00 Restorative Program 11:00 Fun and Fitness with Kathleen 2:00 Short Stories 6:00 Trivia Night	10:00 Food Committee Meeting 22 11:00 Restorative Program 1:30 Movie Matinee 6:00 Card Club	10:30 Hymn Sing with Joe Candy 23 11:00 Restorative Program 2:00 Bowling	9:30 Card Club 24 11:00 Restorative Program 2:00 Tim Horton's Window	11:00 Restorative Program 25 2:00 Entertainm by Spencer Scharf
11:00 Restorative Program 26 2:00 Hymn Sing with the Singing Seniors	9:30 Card Club 27 11:00 Restorative Program 2:00 Bingo 6:00 Spin the Wheel	10:00 Chair Yoga with Georgia 28 11:00 Restorative Program 2:00 Entertainer by Al Visser 6:00 Pet Visits	11:00 Restorative Program 29 2:00 Birthday Tea Party with Mary Ellen 6:00 Christmas Nails	9:30 Making Snowflakes 30 11:00 Restorative Program 2:00 Hope Discussion Group	Locations Legend <div style="display: flex; justify-content: space-between;"> <div> <p>Large Activity Room</p> <p>Carnation Activity Area</p> </div> <div> <p>Chapel</p> <p>Dahlia Activity Area</p> <p>Off Property</p> </div> </div>	




November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Dahlia</p>			<p>10:00 Fall Flowers 1</p> <p>11:00 Restorative Program</p> <p>2:00 Basketball</p> <p>6:00 Word Games</p>	<p>10:00 Plant the Seedlings 2</p> <p>11:00 Restorative Program</p> <p>2:00 Anglican Worship Service</p>	<p>1 Year Anniversary 3</p> <p>10:00 Table Bowling</p> <p>11:00 Restorative Program</p> <p>2:00 TeaGIF</p>	<p>11:00 Restorative Program 4</p> <p>2:00 Entertainer by Don McDougal</p>
<p>Daylight Saving Time Ends 5</p> <p>11:00 Restorative Program</p> <p>2:00 Wesleyan Worship Service</p>	<p>10:00 Entertainer by Tom Valiquette 6</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>10:00 Restorative Program 7</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Residents Council Meeting</p>	<p>10:00 Memory Games 8</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainer by Hudson</p> <p>6:00 Short Stories</p>	<p>11:00 Restorative Program 9</p> <p>2:00 Remembranc Day Service with Rev.Juliet</p>	<p>10:00 Table Bowling 10</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainmen by Chris and Ian</p>	<p>Remembrance Day 11</p> <p> 10:00 Televised Remembrance Day Service</p> <p>11:00 Restorative Program</p> <p>2:00 Book Club</p>
<p>10:00 Hymn Sing 12</p> <p>11:00 Restorative Program</p> <p>2:00 Pentecostal Worship Service</p>	<p>10:00 Darts 13</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>10:00 Restorative Program 14</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Entertainmen by Ice No Slice</p>	<p>10:00 Christmas Shopping 15</p> <p>Trip to Carlingwoood Mall</p> <p>6:00 Dice Games</p>	<p>10:00 Christmas 16</p> <p>Crafts</p> <p>11:00 Restorative Program</p> <p>2:00 Beach Ball Toss</p>	<p>10:00 Table Bowling 17</p> <p>11:00 Restorative Program</p> <p>2:00 Men's Club</p>	<p>11:00 Restorative Program 18</p> <p>2:00 Entertainmen by Jumping Jimmy</p>
<p>11:00 Restorative Program 19</p> <p>2:00 United Worship Service</p>	<p>10:00 Christmas 20</p> <p>Crafts</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>10:00 Restorative Program 21</p> <p>11:00 Fun and Fitness with Kathleen</p>	<p>10:00 Food Committee Meeting 22</p> <p>11:00 Restorative Program</p> <p>1:30 Movie Matinee</p> <p>6:00 Pampering</p>	<p>10:30 Hymn Sing 23</p> <p>with Joe Candy</p> <p>11:00 Restorative Program</p>	<p>10:00 Table Bowling 24</p> <p>11:00 Restorative Program</p> <p>2:00 Tim Horton's Window</p>	<p>10:00 Walking to Music 25</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainm by Spencer Scharf</p>
<p>10:00 Hymn Sing 26</p> <p>11:00 Restorative Program</p> <p>2:00 Hymn Sing with the Singing Seniors</p> <p>6:00 Gardening</p>	<p>10:00 Darts 27</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>10:00 Chair Yoga 28</p> <p>with Georgia</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainer by Al Visser</p>	<p>10:00 Making a Huge Garland 29</p> <p>11:00 Restorative Program</p> <p>2:00 Birthday Tea Party with Mary Ellen</p> <p>6:00 Noodle Ball</p>	<p>10:00 Bean Bag Toss 30</p> <p>11:00 Restorative Program</p> <p>2:00 Hope Discussion Group</p>	<p>Locations Legend</p> <p>Large Activity Room</p> <p>Dahlia Activity Area</p> <p>Chapel</p> <p>Off Property</p> <p>Carnation Activity Area</p>	









November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Iris</p>			<p>9:30 Fun and Fitness 1</p> <p>10:00 Card Club</p> <p>11:00 Restorative Program</p> <p>2:00 Baking Bread</p>	<p>9:30 Stretches 2</p> <p>10:00 Mix & Match Game</p> <p>11:00 Restorative Program</p> <p>2:00 Anglican Worship Service</p>	<p>1 Year Anniversary 3</p> <p>11:00 Restorative Program</p> <p>2:00 TeaGIF</p> <p>6:00 Noodle Ball</p>	<p>9:30 Stretches 4</p> <p>10:00 Pampering</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment by Don McDougal</p>
<p>Daylight Saving Time Ends 5</p> <p>9:30 Fun and Fitness</p> <p>10:00 Painting</p> <p>11:00 Restorative Program</p> <p>2:00 Wesleyan Worship Service</p>	<p>10:00 Entertainment by Tom Valiquette 6</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>9:30 Farm Chores 7</p> <p>10:00 Restorative Program</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Residents Council Meeting</p>	<p>9:30 Fun and Fitness 8</p> <p>10:00 Card Club</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment by Hudson</p>	<p>9:30 Stretches 9</p> <p>10:00 Hangman</p> <p>11:00 Restorative Program</p> <p>2:00 Remembrance Day Service with Rev.Juliet</p> <p>6:00 Evening Strolls</p>	<p>9:30 Fun and Fitness 10</p> <p>10:00 Colour My World</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment by Chris and Ian</p>	<p>Remembrance Day 11</p> <p>10:00 Televised Remembrance Day Service</p> <p>11:00 Restorative Program</p>
<p>11:00 Restorative Program 12</p> <p>2:00 Pentecostal Worship Service</p>	<p>9:30 Fun and Fitness 13</p> <p>10:00 Trivia</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>9:30 Farm Chores 14</p> <p>10:00 Restorative Program</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Entertainment by Ice No Slice</p>	<p>10:00 Christmas Shopping Trip to Carlingwood Mall 15</p>	<p>9:30 Stretches 16</p> <p>10:00 Board Games</p> <p>11:00 Restorative Program</p> <p>2:00 Ring Toss</p> <p>6:00 Name That Tune</p>	<p>11:00 Restorative Program 17</p> <p>2:00 Men's Club</p>	<p>9:30 Stretches 18</p> <p>10:00 Pampering</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment by Jumping Jimmy</p>
<p>9:30 Zumba 19</p> <p>10:00 Crafts</p> <p>11:00 Restorative Program</p> <p>2:00 United Worship Service</p>	<p>11:00 Restorative Program 20</p> <p>2:00 Bingo</p>	<p>9:30 Farm Chores 21</p> <p>10:00 Restorative Program</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Hope Discussion Group</p>	<p>9:30 Fun and Fitness 22</p> <p>10:00 Food Committee Meeting</p> <p>11:00 Restorative Program</p> <p>1:30 Movie Matinee</p>	<p>9:30 Stretches 23</p> <p>10:30 Hymn Sing with Joe Candy</p> <p>11:00 Restorative Program</p> <p>2:00 The Milk Bag Project</p> <p>6:00 Movie Night</p>	<p>9:30 Fun and Fitness 24</p> <p>10:00 Pet Visits</p> <p>11:00 Restorative Program</p> <p>2:00 Tim Horton's Window</p>	<p>11:00 Restorative Program 25</p> <p>2:00 Entertainment by Spencer Scharf</p>
<p>11:00 Restorative Program 26</p> <p>2:00 Hymn Sing with the Singing Seniors</p>	<p>9:30 Fun and Fitness 27</p> <p>10:00 Trivia</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>9:30 Farm Chores 28</p> <p>10:00 Chair Yoga with Georgia</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment by Al Visser</p>	<p>9:30 Fun and Fitness 29</p> <p>10:00 Card Club</p> <p>11:00 Restorative Program</p> <p>2:00 Birthday Tea Party with Mary Ellen</p>	<p>9:30 Stretches 30</p> <p>10:00 Mix & Match Game</p> <p>11:00 Restorative Program</p> <p>2:00 The Milk Bag Project</p>	<p>Locations Legend</p> <p>Large Activity Room</p> <p>Iris Activity Area</p> <p>Chapel</p> <p>Off Property</p>	

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Sunflower</p>						
<p>Daylight Saving Time Ends 5</p> <p>10:00 Poppy Crafts</p> <p>11:00 Restorative Program</p> <p>2:00 Wesleyan Worship Service</p>	<p>10:00 Entertainment by Tom Valiquette 6</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p> <p>6:00 Table Bowling</p>	<p>10:00 Restorative Program 7</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Residents Council Meeting</p>	<p>11:00 Restorative Program 1</p>	<p>11:00 Restorative Program 2</p> <p>2:00 Anglican Worship Service</p>	<p>1 Year Anniversary 3</p> <p>10:00 Memory Game</p> <p>11:00 Restorative Program</p> <p>2:00 TeaGIF</p>	<p>10:00 Table Bowling 4</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainer by Don McDougal</p>
<p>11:00 Restorative Program 12</p> <p>2:00 Pentecostal Worship Service</p> <p>6:00 Arm Chair Travels</p>	<p>10:00 Book Club 13</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>10:00 Restorative Program 14</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Entertainer by Ice No Slice</p>	<p>10:00 Book Club 8</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainer by Hudson</p>	<p>10:00 Word Games 9</p> <p>11:00 Restorative Program</p> <p>2:00 Remembranc Day Service with Rev.Juliet</p>	<p>10:00 Pampering 10</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainer by Chris and Ian</p>	<p>Remembrance Day 11</p> <p>10:00 Televised Remembrance Day Service </p> <p>11:00 Restorative Program</p>
<p>11:00 Restorative Program 19</p> <p>2:00 United Worship Service</p>	<p>10:00 Book Club 13</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>10:00 Restorative Program 14</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Entertainer by Ice No Slice</p>	<p>10:00 Christmas Shopping Trip to Carlingwoood Mall 15</p>	<p>11:00 Restorative Program 16</p> <p>2:00 Hope Discussion Group</p>	<p>11:00 Restorative Program 17</p> <p>2:00 Men's Club</p>	<p>11:00 Restorative Program 18</p> <p>2:00 Entertainer by Jumping Jimmy</p>
<p>11:00 Restorative Program 19</p> <p>2:00 United Worship Service</p>	<p>11:00 Restorative Program 20</p> <p>2:00 Bingo</p> <p>6:00 Colour My World</p>	<p>10:00 Restorative Program 21</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Games</p>	<p>10:00 Food Committee Meeting 22</p> <p>11:00 Restorative Program</p> <p>1:30 Movie Matinee</p>	<p>10:30 Hymn Sing with Joe Candy 23</p> <p>11:00 Restorative Program</p> <p>2:00 Trivia & Tea</p>	<p>10:00 Noodle Ball 24</p> <p>11:00 Restorative Program</p> <p>2:00 Tim Horton's Window</p>	<p>11:00 Restorative Program 25</p> <p>2:00 Entertainer by Spencer Scharf</p>
<p>11:00 Restorative Program 26</p> <p>2:00 Hymn Sing with the Singing Seniors</p> <p>6:00 Name That Tune</p>	<p>10:00 Word Games-Hangman 27</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>10:00 Chair Yoga with Georgia 28</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainer by Al Visser</p>	<p>11:00 Restorative Program 29</p> <p>2:00 Birthday Tea Party with Mary Ellen</p>	<p>11:00 Restorative Program 30</p>	<p>Locations Legend</p> <p>Large Activity Room</p> <p>Sunflower Activity Area</p> <p>Chapel</p> <p>Off Property</p> <p>Poppy Activity Area</p>	

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Poppy</p>			<p>9:00 Meditation 1</p> <p>9:30 Walk & Talk</p> <p>10:00 Embroidery/Kni</p> <p>11:00 Restorative Program</p> <p>2:00 Memory Match</p>	<p>9:00 Meditation 2</p> <p>9:30 Walk & Talk</p> <p>10:00 Word Games</p> <p>11:00 Restorative Program</p> <p>2:00 Anglican Worship Service</p>	<p>1 Year Anniversary 3</p> <p>9:00 Meditation</p> <p>9:30 Walk & Talk</p> <p>11:00 Restorative Program</p> <p>2:00 TeaGIF</p>	<p>11:00 Restorative Program 4</p> <p>2:00 Entertainment by Don McDougal</p>
<p>Daylight Saving Time Ends 5</p> <p>11:00 Restorative Program</p> <p>2:00 Wesleyan Worship Service</p>	<p>9:00 Meditation 6</p> <p>9:30 Walk & Talk</p> <p>10:00 Entertainment by Tom Valiquette</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>9:00 Meditation 7</p> <p>9:30 Walk & Talk</p> <p>10:00 Restorative Program</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Residents Council Meeting</p>	<p>9:00 Meditation 8</p> <p>9:30 Walk & Talk</p> <p>10:00 Embroidery/Knitti</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment by Hudson</p>	<p>11:00 Restorative Program 9</p> <p>2:00 Remembranc Day Service with Rev.Juliet</p>	<p>9:00 Meditation 10</p> <p>9:30 Walk & Talk</p> <p>10:00 Bean Bag Toss</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment by Chris and Ian</p>	<p>Remembrance Day 11</p> <p>9:00 Meditation</p> <p>9:30 Walk & Talk</p> <p>10:00 Poppy Craft </p> <p>11:00 Restorative Program</p> <p>6:00 Movie Night</p>
<p>9:30 Faith Based Meditation 12</p> <p>9:30 Walk & Talk</p> <p>10:00 Ladies Tea Party</p> <p>11:00 Restorative Program</p> <p>2:00 Pentecostal Worship Service</p>	<p>11:00 Restorative Program 13</p> <p>2:00 Bingo</p>	<p>9:00 Meditation 14</p> <p>9:30 Walk & Talk</p> <p>10:00 Restorative Program</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Entertainment by Ice No Slice</p>	<p>10:00 Christmas Shopping Trip to Carlingwool Mall 15</p>	<p>9:00 Meditation 16</p> <p>9:30 Walk & Talk</p> <p>11:00 Restorative Program</p> <p>2:00 Hope Discussion Group</p>	<p>9:00 Meditation 17</p> <p>9:30 Walk & Talk</p> <p>10:00 Target practice</p> <p>11:00 Restorative Program</p> <p>2:00 Men's Club</p> <p>6:00 Table Bowling</p>	<p>11:00 Restorative Program 18</p> <p>2:00 Entertainment by Jumping Jimmy</p>
<p>11:00 Restorative Program 19</p> <p>2:00 United Worship Service</p>	<p>9:00 Meditation 20</p> <p>9:30 Walk & Talk</p> <p>10:00 Name That Tune</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>9:00 Meditation 21</p> <p>9:30 Walk & Talk</p> <p>10:00 Restorative Program</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Colour My World/Crafts</p>	<p>9:00 Meditation 22</p> <p>9:30 Walk & Talk</p> <p>10:00 Food Committee Meeting</p> <p>11:00 Restorative Program</p> <p>1:30 Movie Matinee</p>	<p>10:30 Hymn Sing with Joe Candy 23</p> <p>11:00 Restorative Program</p>	<p>9:00 Meditation 24</p> <p>9:30 Walk & Talk</p> <p>10:00 Pictionary</p> <p>11:00 Restorative Program</p> <p>2:00 Tim Horton's Window</p>	<p>9:00 Meditation 25</p> <p>9:30 Walk & Talk</p> <p>10:00 Baking</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment by Spencer Scharf</p> <p>6:00 Pet Visits</p>
<p>9:30 Faith Based Meditation 26</p> <p>9:30 Walk & Talk</p> <p>10:00 Ladies Tea Party</p> <p>11:00 Restorative Program</p> <p>2:00 Hymn Sing with the Singing Seniors</p>	<p>11:00 Restorative Program 27</p> <p>2:00 Bingo</p>	<p>9:00 Meditation 28</p> <p>9:30 Walk & Talk</p> <p>10:00 Chair Yoga with Georgia</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment by Al Visser</p>	<p>9:00 Meditation 29</p> <p>9:30 Walk & Talk</p> <p>10:00 Painting with Water Color's</p> <p>11:00 Restorative Program</p> <p>2:00 Birthday Tea Party with Mary Ellen</p>	<p>9:00 Meditation 30</p> <p>9:30 Walk & Talk</p> <p>10:00 Word Games</p> <p>11:00 Restorative Program</p> <p>2:00 Ball Toss</p>	<p>Locations Legend</p> <p> Large Activity Room</p> <p> Poppy Activity Area</p> <p> Poppy Lounge</p> <p> Chapel</p> <p> Off Property</p>	