















# December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Card Club <b>1</b> 11:00 Restorative Program 2:00 Painting Winter Landscapes 6:00 Hot Chocolate Cart	9:30 Painting <b>2</b> 11:00 Restorative Program 2:00 <b>Jumping Jimmy</b>
9:30 Morning Stretches <b>3</b> 11:00 Restorative Program 2:00 Wesleyan Church Service	10:00 <b>Tom Valiquette</b> <b>4</b> 11:00 Restorative Program 2:00 Bingo 6:00 Movie and Popcorn	10:00 Restorative Program <b>5</b> 11:00 Fun and Fitness with Kathleen 2:00 Residents Council Meeting 6:00 Board Games	10:00 Spiritual Christmas Craft <b>6</b> 11:00 Restorative Program 2:00 <b>Ice No Slice</b> 6:00 Door Decorating with Thunder Girls Hockey Team	9:30 Spin the Wheel <b>7</b> 2:00 Anglican Church Service 6:30 Family Christmas Social	<b>Christmas Hat &amp; Socks</b> <b>8</b> 11:00 Restorative Program 2:00 <b>Chris &amp; Ian</b> 6:00 Walk & Talk	11:00 Restorative Program <b>9</b> 1:00 Christmas Market
11:00 Restorative Program <b>10</b> 2:00 Pentecostal Church Service 6:00 Pampering	<b>Red &amp; Green Day</b> <b>11</b> 10:00 Chair Yoga with Georgia 11:00 Restorative Program 2:00 <b>Spencer Scharf</b> 6:00 Making Christmas Ornaments	<b>Holiday Bling</b> <b>12</b> 10:00 <b>Allan Ryan on the Piano</b> 11:00 Restorative Program	<b>Santa's Imposters</b> <b>13</b> 11:00 Restorative Program 2:00 Making Snowflakes 6:30 Outing to Blockhouse in Brockville to see Christmas Lights	<b>Holiday Hair</b> <b>14</b> 10:30 <b>St. Mike's Junior Choir</b> 11:00 Restorative Program 2:00 Making Gingerbread House	<b>Christmas P.J's</b> <b>15</b> 11:00 Restorative Program 2:00 Pampering 6:00 Making Christmas Cards	9:30 Sing Along <b>16</b> 11:00 Restorative Program 2:00 <b>Mary Ellen</b>
9:30 Movie <b>17</b> 11:00 Restorative Program 2:00 United Church Service	<b>Grinch Attire</b> <b>18</b> 11:00 Restorative Program 2:00 <b>Singing Seniors &amp; The Humming Birds</b> 6:00 Spa Evening	<b>Elf Yourself</b> <b>19</b> 10:00 <b>Miranda Hall</b> 11:00 Restorative Program 2:00 Snow Ball Fight 2:00 Catholic Worship Service	<b>Plaid or Flannel</b> <b>20</b> 10:30 Bible Study 11:00 Restorative Program 2:00 <b>Birthday Tea Party with Hudson</b> 6:00 Cards	<b>Ugly Sweater Day</b> <b>21</b> 9:30 Bingo 11:00 Restorative Program 2:00 Christmas Eve Church Service	<b>Character Day</b> <b>22</b> 11:00 Restorative Program 1:30 Movie Matinee 6:00 Walk & Talk	11:00 Restorative Program <b>23</b> 2:00 Making Ornamnets
<b>Christmas Eve</b> <b>24</b> 11:00 Restorative Program 2:00 <b>AL Visser</b> 6:00 Wine & Cheese Social	<b>Merry Christmas, Santa's Helpers</b> <b>25</b> 11:00 Restorative Program 2:00 Christmas Bingo	<b>Boxing Day</b> <b>26</b> 11:00 Restorative Program 2:00 Tim Horton's Cart	11:00 Restorative Program <b>27</b> 2:00 Stretches 6:00 Movie and Popcorn	9:30 Bean Bag Toss <b>28</b> 11:00 Restorative Program 2:00 <b>Jumping Jimmy</b>	11:00 Restorative Program <b>29</b> 2:00 Short Stories 6:00 Movie and Popcorn	9:30 Arts & Crafts <b>30</b> 11:00 Restorative Program 2:00 Social Hour
<b>New Year's Eve</b> <b>31</b> 11:00 Restorative Program 2:00 <b>New Year's Eve Party with Mary Ellen &amp; Friends</b> 6:00 New Year's Eve Social			<b>Locations Legend</b>  Large Activity Room  Carnation Activity Area  Chapel  Through out the Home  Off Property			 <b>Carnation</b>











# December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Table Bowling <b>1</b> 11:00 Restorative Program 2:00 Christmas Movie	11:00 Restorative Program <b>2</b> 2:00 <b>Jumping Jimmy</b>
11:00 Restorative Program <b>3</b> 2:00 Wesleyan Church Service	10:00 <b>Tom Valiquette</b> <b>4</b> 11:00 Restorative Program 2:00 Bingo	10:00 Restorative Program <b>5</b> 11:00 Fun and Fitness with Kathleen 2:00 Residents Council Meeting	10:00 Spiritual Christmas Craft <b>6</b> 11:00 Restorative Program 2:00 <b>Ice No Slice</b> 6:00 Door Decorating with Thunder Girls Hockey Team	2:00 Anglican Church Service <b>7</b> 6:30 Family Christmas Social	<b>Christmas Hat &amp; Socks</b> <b>8</b> 10:00 Table Bowling 11:00 Restorative Program 2:00 <b>Chris &amp; Ian</b>	10:00 Memory Match <b>9</b> 11:00 Restorative Program 1:00 Christmas Market
10:00 Hymn Sing <b>10</b> 11:00 Restorative Program 2:00 Pentecostal Church Service	<b>Red &amp; Green Day</b> <b>11</b> 10:00 Chair Yoga with Georgia 11:00 Restorative Program 2:00 <b>Spencer Scharf</b>	<b>Holiday Bling</b> <b>12</b> 10:00 <b>Allan Ryan on the Piano</b> 11:00 Restorative Program	<b>Santa's Imposters</b> <b>13</b> 11:00 Restorative Program 6:30 Outing to Blockhouse in Brockville to see Christmas Lights	<b>Holiday Hair</b> <b>14</b> 10:30 <b>St. Mike's Junior Choir</b> 11:00 Restorative Program 2:00 Making Gingerbread House	<b>Christmas P.J's</b> <b>15</b> 10:00 Table Bowling 11:00 Restorative Program 2:00 Knitting & Crocheting Club	11:00 Restorative Program <b>16</b> 2:00 <b>Mary Ellen</b>
11:00 Restorative Program <b>17</b> 2:00 United Church Service	<b>Grinch Attire</b> <b>18</b> 10:00 Darts 11:00 Restorative Program 2:00 <b>Singing Seniors &amp; The Humming Birds</b>	<b>Elf Yourself</b> <b>19</b> 10:00 <b>Miranda Hall</b> 11:00 Restorative Program 2:00 Catholic Worship Service	<b>Plaid or Flannel</b> <b>20</b> 10:30 Bible Study 11:00 Restorative Program 2:00 <b>Birthday Tea Party with Hudson</b> 6:00 Snowflake Craft	<b>Ugly Sweater Day</b> <b>21</b> 11:00 Restorative Program 2:00 Christmas Eve Church Service	<b>Character Day</b> <b>22</b> 10:00 Table Bowling 11:00 Restorative Program 1:30 Movie Matinee	10:00 Pick a topic from a jar discussion <b>23</b> 11:00 Restorative Program 2:00 Target practice
<b>Christmas Eve</b> <b>24</b> 11:00 Restorative Program 2:00 <b>AL Visser</b> 	<b>Merry Christmas, Santa's Helpers</b> <b>25</b> 10:00 Espresso Cafe 11:00 Restorative Program 2:00 Christmas Bingo 	<b>Boxing Day</b> <b>26</b> 10:00 Make Your Own Waffle 11:00 Restorative Program 2:00 Tim Horton's Cart	10:00 Memory Game <b>27</b> 11:00 Restorative Program 2:00 Beach Ball Toss 6:00 Hot Chocolate Cart	11:00 Restorative Program <b>28</b> 2:00 <b>Jumping Jimmy</b>	10:00 Table Bowling <b>29</b> 11:00 Restorative Program 2:00 New Years Resolution Craft	11:00 Restorative Program <b>30</b>
<b>New Year's Eve</b> <b>31</b> 11:00 Restorative Program 2:00 <b>New Year's Eve Party with Mary Ellen &amp; Friends</b>			<b>Locations Legend</b> <div> <div></div> Large Activity Room           <div></div> Carnation Activity Area         </div> <div> <div></div> Dahlia Activity Area           <div></div> Through out the Home         </div> <div> <div></div> Chapel           <div></div> Off Property         </div>		 <b>Dahlia</b>	

# December 2023











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>11:00 Restorative Program</b> <b>1</b>	<b>9:30 Stretches</b> <b>2</b> <b>10:00 Manicures</b> <b>11:00 Restorative Program</b> <b>2:00 Jumping Jimmy</b>
<b>9:30 Fun and Fitness</b> <b>3</b> <b>10:00 Door Decor</b> <b>11:00 Restorative Program</b> <b>2:00 Wesleyan Church Service</b>	<b>10:00 Tom Valiquette</b> <b>4</b> <b>11:00 Restorative Program</b> <b>2:00 Bingo</b> <b>6:00 Dice Game</b>	<b>9:30 Farm Chores</b> <b>5</b> <b>10:00 Restorative Program</b> <b>11:00 Fun and Fitness with Kathleen</b> <b>2:00 Residents Council Meeting</b>	<b>10:00 Spiritual Christmas Craft</b> <b>6</b> <b>11:00 Restorative Program</b> <b>2:00 Ice No Slice</b>	<b>2:00 Anglican Church Service</b> <b>7</b> <b>6:30 Family Christmas Social</b>	<b>Christmas Hat &amp; Socks</b> <b>8</b> <b>9:30 Fun and Fitness</b> <b>10:00 Baking</b> <b>11:00 Restorative Program</b> <b>2:00 Chris &amp; Ian</b>	<b>9:30 Stretches</b> <b>9</b> <b>11:00 Restorative Program</b> <b>1:00 Christmas Market</b>
<b>11:00 Restorative Program</b> <b>10</b> <b>2:00 Pentecostal Church Service</b>	<b>Red &amp; Green Day</b> <b>11</b> <b>10:00 Chair Yoga with Georgia</b> <b>11:00 Restorative Program</b> <b>2:00 Spencer Scharf</b>	<b>Holiday Bling</b> <b>12</b> <b>9:30 Farm Chores</b> <b>10:00 Allan Ryan on the Piano</b> <b>11:00 Restorative Program</b> <b>2:00 Candle Making</b> <b>6:00 Evening Strolls</b>	<b>Santa's Imposters</b> <b>13</b> <b>9:30 Fun and Fitness</b> <b>10:00 Card Club</b> <b>11:00 Restorative Program</b> <b>2:00 Mix &amp; Match Game</b> <b>6:30 Outing to Blockhouse in Brockville to see Christmas Lights</b>	<b>Holiday Hair</b> <b>14</b> <b>10:30 St. Mike's Junior Choir</b> <b>11:00 Restorative Program</b> <b>2:00 Making Gingerbread House</b>	<b>Christmas P.J's</b> <b>15</b> <b>11:00 Restorative Program</b>	<b>9:30 Stretches</b> <b>16</b> <b>10:00 Manicures</b> <b>11:00 Restorative Program</b> <b>2:00 Mary Ellen</b>
<b>9:30 Fun and Fitness</b> <b>17</b> <b>10:00 The Milk Bag Project</b> <b>11:00 Restorative Program</b> <b>2:00 United Church Service</b>	<b>Grinch Attire</b> <b>18</b> <b>11:00 Restorative Program</b> <b>2:00 Singing Seniors &amp; The Humming Birds</b> <b>6:00 Christmas Read Aloud</b>	<b>Elf Yourself</b> <b>19</b> <b>9:30 Farm Chores</b> <b>10:00 Miranda Hall</b> <b>11:00 Restorative Program</b> <b>2:00 Catholic Worship Service</b>	<b>Plaid or Flannel</b> <b>20</b> <b>9:30 Fun and Fitness</b> <b>10:00 Card Club</b> <b>11:00 Restorative Program</b> <b>2:00 Birthday Tea Party with Hudson</b>	<b>Ugly Sweater Day</b> <b>21</b> <b>9:30 Stretches</b> <b>10:00 Christmas Wrapping</b> <b>11:00 Restorative Program</b> <b>2:00 Christmas Eve Church Service</b>	<b>Character Day</b> <b>22</b> <b>9:30 Fun and Fitness</b> <b>10:00 Holiday Mix &amp; Match</b> <b>11:00 Restorative Program</b> <b>1:30 Movie Matinee</b>	<b>11:00 Restorative Program</b> <b>23</b>
<b>Christmas Eve</b> <b>24</b> <b>11:00 Restorative Program</b> <b>2:00 AL Visser</b> 	<b>Merry Christmas, Santa's Helpers</b> <b>25</b> <b>9:30 Stretches</b> <b>10:00 Trivia</b> <b>11:00 Restorative Program</b> <b>2:00 Christmas Bingo</b> 	<b>Boxing Day</b> <b>26</b> <b>9:30 Farm Chores</b> <b>10:00 Hangman</b> <b>11:00 Restorative Program</b> <b>2:00 Tim Horton's Cart</b>	<b>9:30 Fun and Fitness</b> <b>27</b> <b>10:30 Bible Study</b> <b>11:00 Restorative Program</b> <b>2:00 Card Club</b>	<b>9:30 Stretches</b> <b>28</b> <b>10:00 Snowflake Shoot</b> <b>11:00 Restorative Program</b> <b>2:00 Jumping Jimmy</b>	<b>11:00 Restorative Program</b> <b>29</b>	<b>9:30 Stretches</b> <b>30</b> <b>10:00 Manicures</b> <b>11:00 Restorative Program</b> <b>2:00 New Years Craft</b>
<b>New Year's Eve</b> <b>31</b> <b>11:00 Restorative Program</b> <b>2:00 New Year's Eve Party with Mary Ellen &amp; Friends</b>			<b>Locations Legend</b>  Large Activity Room  Iris Activity Area  Chapel  Through out the Home  Off Property			

# December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Morning Meditation <b>1</b> 10:00 Knitting Knots 11:00 Restorative Program 2:00 Memory Match	11:00 Restorative Program <b>2</b> 2:00 <b>Jumping Jimmy</b>
11:00 Restorative Program <b>3</b> 2:00 Wesleyan Church Service	9:30 Morning Meditation <b>4</b> 10:00 <b>Tom Valiquette</b> 11:00 Restorative Program 2:00 Bingo	9:30 Morning Meditation <b>5</b> 10:00 Restorative Program 11:00 Fun and Fitness with Kathleen 2:00 Residents Council Meeting	9:30 Morning Meditation <b>6</b> 10:00 Spiritual Christmas Craft 11:00 Restorative Program 2:00 <b>Ice No Slice</b>	2:00 Anglican Church Service <b>7</b> 6:30 Family Christmas Social	<b>Christmas Hat &amp; Socks</b> <b>8</b> 11:00 Restorative Program 2:00 <b>Chris &amp; Ian</b>	9:30 Morning Meditation <b>9</b> 11:00 Restorative Program 1:00 Christmas Market 6:00 Pampering
9:30 Faith Based Meditation <b>10</b> 10:00 Ladies Tea Party 11:00 Restorative Program 2:00 Pentecostal Church Service	<b>Red &amp; Green Day</b> <b>11</b> 10:00 Chair Yoga with Georgia 11:00 Restorative Program 2:00 <b>Spencer Scharf</b>	<b>Holiday Bling</b> <b>12</b> 9:30 Morning Meditation 10:00 <b>Allan Ryan on the Piano</b> 11:00 Restorative Program 2:00 Candle Making	<b>Santa's Imposters</b> <b>13</b> 9:30 Morning Meditation 10:30 Bible Study 11:00 Restorative Program 6:30 Outing to Blockhouse in Brockville to see Christmas Lights	<b>Holiday Hair</b> <b>14</b> 9:30 Morning Meditation 10:30 <b>St. Mike's Junior Choir</b> 11:00 Restorative Program 2:00 Making Gingerbread House	<b>Christmas P.J's</b> <b>15</b> 9:30 Morning Meditation 10:00 Painting 11:00 Restorative Program 2:00 Door Decorating	11:00 Restorative Program <b>16</b> 2:00 <b>Mary Ellen</b>
11:00 Restorative Program <b>17</b> 2:00 United Church Service	<b>Grinch Attire</b> <b>18</b> 9:30 Morning Meditation 10:00 Door Decorating 11:00 Restorative Program 2:00 <b>Singing Seniors &amp; The Humming Birds</b>	<b>Elf Yourself</b> <b>19</b> 9:30 Morning Meditation 10:00 <b>Miranda Hall</b> 11:00 Restorative Program 2:00 Catholic Worship Service	<b>Plaid or Flannel</b> <b>20</b> 9:30 Morning Meditation 10:00 Singing Christmas Songs 11:00 Restorative Program 2:00 <b>Birthday Tea Party with Hudson</b>	<b>Ugly Sweater Day</b> <b>21</b> 11:00 Restorative Program 2:00 Christmas Eve Church Service	<b>Character Day</b> <b>22</b> 9:30 Morning Meditation 10:00 Knitting & Knots 11:00 Restorative Program 1:30 Movie Matinee	9:30 Pampering <b>23</b> 9:30 Morning Meditation 11:00 Restorative Program 2:00 Word Games 6:00 Christmas Movie Night
<b>Christmas Eve</b> <b>24</b> 9:30 Faith Based Meditation 10:00 Painting with Water Color's 11:00 Restorative Program 2:00 <b>AL Visser</b> 	<b>Merry Christmas, Santa's Helpers</b> <b>25</b> 11:00 Restorative Program 2:00 Christmas Bingo 	<b>Boxing Day</b> <b>26</b> 11:00 Restorative Program 2:00 Tim Horton's Cart	11:00 Restorative Program <b>27</b>	11:00 Restorative Program <b>28</b> 2:00 <b>Jumping Jimmy</b>	11:00 Restorative Program <b>29</b>	11:00 Restorative Program <b>30</b>
<b>New Year's Eve</b> <b>31</b> 9:30 Morning Meditation 10:00 Ladies Tea Party 11:00 Restorative Program 2:00 <b>New Year's Eve Party with Mary Ellen &amp; Friends</b>			<b>Locations Legend</b>  Large Activity Room  Poppy Activity Area  Poppy Lounge  Chapel  Through out the Home  Off Property			



# December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Colour My World <b>1</b> 11:00 Restorative Program 2:00 Ring Toss	10:00 Pampering <b>2</b> 11:00 Restorative Program 2:00 <b>Jumping Jimmy</b>
10:00 Hymn Sing <b>3</b> 11:00 Restorative Program 2:00 Wesleyan Church Service	10:00 <b>Tom Valiquette</b> <b>4</b> 11:00 Restorative Program 2:00 Bingo	10:00 Restorative Program <b>5</b> 11:00 Fun and Fitness with Kathleen 2:00 Residents Council Meeting	10:00 Spiritual Christmas Craft <b>6</b> 11:00 Restorative Program 2:00 <b>Ice No Slice</b>	2:00 Anglican Church Service <b>7</b> 6:30 Family Christmas Social	<b>Christmas Hat &amp; Socks</b> <b>8</b> 10:00 Pet Visits 11:00 Restorative Program 2:00 <b>Chris &amp; Ian</b>	11:00 Restorative Program <b>9</b> 1:00 Christmas Market
11:00 Restorative Program <b>10</b> 2:00 Pentecostal Church Service	<b>Red &amp; Green Day</b> <b>11</b> 10:00 Chair Yoga with Georgia 11:00 Restorative Program 2:00 <b>Spencer Scharf</b>	<b>Holiday Bling</b> <b>12</b> 10:00 <b>Allan Ryan on the Piano</b> 11:00 Restorative Program 2:00 Christmas Craft	<b>Santa's Imposters</b> <b>13</b> 10:30 Bible Study 11:00 Restorative Program 6:30 Outing to Blockhouse in Brockville to see Christmas Lights	<b>Holiday Hair</b> <b>14</b> 10:30 <b>St. Mike's Junior Choir</b> 11:00 Restorative Program 2:00 Making Gingerbread House 6:00 Pampering	<b>Christmas P.J's</b> <b>15</b> 10:00 Christmas Sing Along 11:00 Restorative Program 2:00 Door Decorating	10:00 Pet Visits <b>16</b> 11:00 Restorative Program 2:00 <b>Mary Ellen</b>
10:00 Hangman <b>17</b> 11:00 Restorative Program 2:00 United Church Service	<b>Grinch Attire</b> <b>18</b> 11:00 Restorative Program 2:00 <b>Singing Seniors &amp; The Humming Birds</b>	<b>Elf Yourself</b> <b>19</b> 10:00 <b>Miranda Hall</b> 11:00 Restorative Program 2:00 Bingo 2:00 Catholic Worship Service	<b>Plaid or Flannel</b> <b>20</b> 10:00 Remember When... 11:00 Restorative Program 2:00 <b>Birthday Tea Party with Hudson</b>	<b>Ugly Sweater Day</b> <b>21</b> 10:00 Christmas Sing Along 11:00 Restorative Program 2:00 Christmas Eve Church Service 6:00 Christmas Colouring	<b>Character Day</b> <b>22</b> 10:00 Short Stories 11:00 Restorative Program 1:30 Movie Matinee	11:00 Restorative Program <b>23</b>
<b>Christmas Eve</b> <b>24</b> 11:00 Restorative Program 2:00 <b>AL Visser</b> 	<b>Merry Christmas, Santa's Helpers</b> <b>25</b> 10:00 Games 11:00 Restorative Program 2:00 Christmas Bingo 	<b>Boxing Day</b> <b>26</b> 10:00 Memory Match 11:00 Restorative Program 2:00 Tim Horton's Cart	11:00 Restorative Program <b>27</b>	11:00 Restorative Program <b>28</b> 2:00 <b>Jumping Jimmy</b> 6:00 Noodle Ball	10:00 Short Stories <b>29</b> 11:00 Restorative Program 2:00 Card Game	10:00 Noodle Ball <b>30</b> 11:00 Restorative Program 2:00 Trivia
<b>New Year's Eve</b> <b>31</b> 10:00 Memories of Years Gone By 11:00 Restorative Program 2:00 <b>New Year's Eve Party with Mary Ellen &amp; Friends</b>			<b>Locations Legend</b>  Large Activity Room  Sunflower Activity Area  Chapel  Through out the Home  Poppy Activity Area  Off Property			 <b>Sunflower</b>