









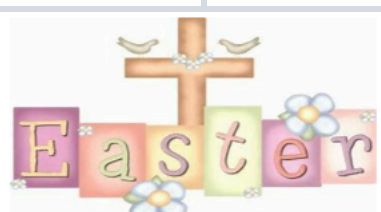
# March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>CARNATION</b>	<b>Spousal Support Group</b> - 3rd Thursday of the month at 2pm.  <b>Caregivers Coffee Club</b> - 4th Thursday of the month at 2pm.			 <b>Happy St. Patrick's Day!</b>	11:00 Restorative Program <b>1</b> 2:00 Entertainment-Singing Seniors 6:00 Walk & Talk	11:00 Restorative Program <b>2</b> 2:00 Pampering 6:00 Pampering
11:00 Restorative Program <b>3</b> 2:00 Wesleyan Church Service 6:00 St. Patty's Craft	9:30 Card Club <b>4</b> 10:00 Pet Visits with Logan 11:00 Restorative Program 2:00 Bingo 6:00 Bean Bag Toss	11:00 Restorative Program <b>5</b> 2:00 Residents Council Meeting	11:00 Restorative Program <b>6</b> 2:00 Memorial Service 6:00 Movie and Popcorn	9:00 Stretches <b>7</b> 9:30 Painting 11:00 Restorative Program 2:00 Anglican Church Service	International Women's Day <b>8</b> 9:30 Card Club 11:00 Restorative Program 6:00 Wine & Cheese Social	9:30 Board Games <b>9</b> 11:00 Restorative Program 2:00 Baking
Daylight Saving Begins <b>10</b> 9:30 Walks Outside 11:00 Restorative Program 2:00 Pentecostal Church Service	9:30 Card Club <b>11</b> 11:00 Restorative Program 2:00 Bingo 6:00 Pampering	10:00 Entertainment-Tom Valiquette <b>12</b> 11:00 Restorative Program 2:00 Funny Short Stories 6:00 Arm Chair Travel to Ireland	10:00 Food for Thought with Sarah <b>13</b> 11:00 Restorative Program 2:00 Entertainment-Ice No Slice 6:00 Trivia Night	9:00 Stretches <b>14</b> 10:00 St. Patrick's Day Party with Spencer Scharf 11:00 Restorative Program 2:00 Easter Craft	9:30 Card Club <b>15</b> 11:00 Restorative Program 2:00 Men's Club 6:00 Bean Bag Toss	11:00 Restorative Program <b>16</b> 2:00 St. Patty's Social 6:00 Table Bowling
St. Patrick's Day <b>17</b> 11:00 Restorative Program 2:00 Presbyterian Church Service 6:00 Hot Chocolate Cart	9:30 Card Club <b>18</b> 10:00 Pet Visits with Logan 11:00 Restorative Program 2:00 Bingo 6:00 Walk & Talk	Spring Begins! <b>19</b> 10:00 Restorative Program 11:00 Fun and Fitness with Kathleen 2:00 Entertainment-AL Visser	11:00 Restorative Program <b>20</b> 2:00 Stretches 6:00 Pampering	9:00 Stretches <b>21</b> 9:30 Crafts 11:00 Restorative Program 2:00 Palm Service	9:30 Card Club <b>22</b> 11:00 Restorative Program 2:00 Walk & Talk 6:00 Colour My World	9:30 Planting Seeds <b>23</b> 11:00 Restorative Program 2:00 Entertainment-Jumping Jimmy
Palm Sunday <b>24</b> 9:30 Easter Craft 11:00 Restorative Program 2:00 United Church Service	9:30 Card Club <b>25</b> 11:00 Restorative Program 2:00 Entertainment-Hudson 6:00 Bowling	10:00 Chair Yoga with Georgia <b>26</b> 11:00 Restorative Program 2:00 Puzzles 6:00 Name That Tune	11:00 Restorative Program <b>27</b> 2:00 Birthday Tea Party with Chris & Ian 6:00 Colour My World	9:00 Stretches <b>28</b> 11:00 Restorative Program 2:00 Good Friday Service	Good Friday <b>29</b> 9:30 Card Club 11:00 Restorative Program 2:00 Movie Matinee	11:00 Restorative Program <b>30</b> 2:00 Easter Craft 6:00 Movie Night
Easter <b>31</b> 11:00 Restorative Program 2:00 Presbyterian Church Service 6:00 Pampering				<b>Locations Legend</b> <div> <div>Large Activity Room</div> <div>Carnation Activity Area</div> <div>Chapel</div> </div> <div> <div>Through out the Home</div> <div>Carnation Lounge Outside</div> <div>Dahlia Activity Area</div> </div>		





# March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>DAHLIA</b>	<b>Spousal Support Group</b> - 3rd Thursday of the month at 2pm.  <b>Caregivers Coffee Club</b> - 4th Thursday of the month at 2pm.			 <b>Happy St. Patrick's Day!</b>	10:00 Making Welsh Cakes <b>1</b> 11:00 Restorative Program 2:00 Entertainment-Singing Seniors 6:00 Bean Bag Toss	10:00 Word Games <b>2</b> 11:00 Restorative Program 2:00 Table Bowling
10:00 Hymn Sing <b>3</b> 11:00 Restorative Program 2:00 Wesleyan Church Service	10:00 Darts <b>4</b> 10:00 Pet Visits with Logan 11:00 Restorative Program 2:00 Bingo	11:00 Restorative Program <b>5</b> 2:00 Residents Council Meeting 6:00 Arm Chair Travel to Ireland	<b>National Oreo Cookie Day</b> <b>6</b> 10:00 Espresso Cafe with Oreos 11:00 Restorative Program 2:00 Memorial Service	10:00 Photography Club <b>7</b> 11:00 Restorative Program 2:00 Anglican Church Service 6:00 Funny Short Stories	<b>International Women's Day</b> <b>8</b> 10:00 Ladies Self Portraits 11:00 Restorative Program 2:00 Table Bowling	11:00 Restorative Program <b>9</b> 2:00 Trivia 6:00 Card Club
<b>Daylight Saving Begins</b> <b>10</b> 11:00 Restorative Program 2:00 Pentecostal Church Service 6:00 Short Stories	10:00 Darts <b>11</b> 11:00 Restorative Program 2:00 Bingo	<b>10:00 Entertainment-Tom Valiquette</b> <b>12</b> 11:00 Restorative Program 6:00 Basketball	<b>National Bubble Week</b> <b>13</b> 10:00 Blowing Bubbles Contest 11:00 Restorative Program 2:00 Entertainment- Ice No Slice	<b>10:00 St. Patrick's Day Party with Spencer Scharf</b> <b>14</b> 11:00 Restorative Program 2:00 Easter Craft 6:00 Making Virgin Caesars	10:00 Food for Thought with Sarah <b>15</b> 11:00 Restorative Program 2:00 Men's Club 6:00 Table Bowling	10:00 Target practice <b>16</b> 11:00 Restorative Program 2:00 St. Patty's Social
<b>St. Patrick's Day</b> <b>17</b> 10:00 Hymn Sing 11:00 Restorative Program 2:00 Presbyterian Church Service	10:00 Darts <b>18</b> 10:00 Pet Visits with Logan 11:00 Restorative Program 2:00 Bingo	<b>Spring Begins!</b> <b>19</b> 10:00 Restorative Program 11:00 Fun and Fitness with Kathleen 2:00 Entertainment- AL Visser 6:00 Puzzles	<b>Tommy Hunter's Birthday</b> <b>20</b> 10:00 Easter Craft 11:00 Restorative Program 2:00 Tea Tasting	10:00 Knitting & Crocheting Club <b>21</b> 11:00 Restorative Program 2:00 Palm Service 6:00 Movie Night	10:00 Star Trek Marathon <b>22</b> 11:00 Restorative Program 2:00 Table Bowling	11:00 Restorative Program <b>23</b> 2:00 Entertainment-Jumping Jimmy 6:00 Card Club
<b>Palm Sunday</b> <b>24</b> 11:00 Restorative Program 2:00 United Church Service 6:00 Short Stories	10:00 Darts <b>25</b> 11:00 Restorative Program 2:00 Entertainment-Hudson	10:00 Chair Yoga with Georgia <b>26</b> 11:00 Restorative Program 6:00 Word Games	10:00 Dried Flower Pictures <b>27</b> 11:00 Restorative Program 2:00 Birthday Tea Party with Chris & Ian	11:00 Restorative Program <b>28</b> 2:00 Good Friday Service 6:00 Pampering	<b>Good Friday</b> <b>29</b> 10:00 Table Bowling 11:00 Restorative Program 2:00 Movie Matinee 6:00 Memory Match	<b>Celine Dion's Birthday</b> <b>30</b> 10:00 Celine Dion Music Morning 11:00 Restorative Program 2:00 Basketball
<b>Easter</b> <b>31</b> 10:00 Hymn Sing 11:00 Restorative Program 2:00 Presbyterian Church Service				<b>Locations Legend</b> Large Activity Room Dahlia Activity Area Chapel Dahlia Lounge Through out the Home		




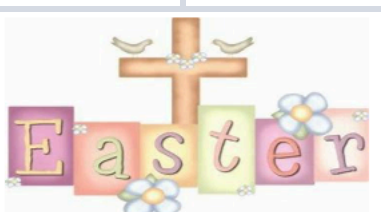
# March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Spousal Support Group</b> - 3rd Thursday of the month at 2pm.  <b>Caregivers Coffee Club</b> - 4th Thursday of the month at 2pm.				9:30 Stretches 10:00 Dice Games 11:00 Restorative Program 2:00 Entertainment-Singing Seniors	11:00 Restorative Program
11:00 Restorative Program 2:00 Wesleyan Church Service	9:30 Fun and Fitness 10:00 Pet Visits with Logan 11:00 Restorative Program 2:00 Bingo 6:00 Brain Teasers	9:30 Farm Chores 10:00 Trivia 11:00 Restorative Program 2:00 Residents Council Meeting	9:30 Stretches 10:00 Card Club 11:00 Restorative Program 2:00 Memorial Service	9:30 Fun and Fitness 10:00 Decorating for St. Patrick's Day 11:00 Restorative Program 2:00 Anglican Church Service	International Women's Day 11:00 Restorative Program 6:00 Fun and Fitness	9:30 Stretches 10:00 Manicures 11:00 Restorative Program 2:00 The Milk Bag Project
Daylight Saving Begins 9:30 Fun and Fitness 10:00 St. Patrick's Day Craft 11:00 Restorative Program 2:00 Pentecostal Church Service	10:00 Food for Thought with Sarah 11:00 Restorative Program 2:00 Bingo 6:00 Word Games	10:00 Entertainment-Tom Valiquette 11:00 Restorative Program 2:00 Pet Visits & Farm Chores	9:30 Stretches 10:00 Card Club 11:00 Restorative Program 2:00 Entertainment-Ice No Slice 6:00 Noodle Ball	10:00 St. Patrick's Day Party with Spencer Scharf 10:00 Painting 11:00 Restorative Program 2:00 Easter Craft	9:30 Stretches 10:00 Baking Biscuits 11:00 Restorative Program 2:00 Men's Club 6:00 Arm Chair Travel to Ireland	11:00 Restorative Program
St. Patrick's Day 11:00 Restorative Program 2:00 Presbyterian Church Service	9:30 Fun and Fitness 10:00 Pet Visits with Logan 11:00 Restorative Program 2:00 Bingo	Spring Begins! 9:30 Farm Chores 10:00 Restorative Program 11:00 Fun and Fitness with Kathleen 2:00 Entertainment-AL Visser	9:30 Stretches 10:00 Card Club 11:00 Restorative Program 2:00 Table Bowling	9:30 Fun and Fitness 10:00 Decorating for Easter 11:00 Restorative Program 2:00 Palm Service	11:00 Restorative Program	9:30 Stretches 10:00 Manicures 11:00 Restorative Program 2:00 Entertainment-Jumping Jimmy
Palm Sunday 9:30 Fun and Fitness 10:00 The Milk Bag Project 11:00 Restorative Program 2:00 United Church Service	11:00 Restorative Program 2:00 Entertainment-Hudson	10:00 Chair Yoga with Georgia 11:00 Restorative Program 2:00 Pet Visits & Farm Chores	9:30 Stretches 10:00 Card Club 11:00 Restorative Program 2:00 Birthday Tea Party with Chris & Ian 6:00 Target practice	9:30 Fun and Fitness 10:00 Board Games 11:00 Restorative Program 2:00 Good Friday Service	Good Friday 9:30 Stretches 10:00 Hangman 11:00 Restorative Program 2:00 Movie Matinee 6:00 Pampering	11:00 Restorative Program
Easter 11:00 Restorative Program 2:00 Presbyterian Church Service				<b>Locations Legend</b> Large Activity Room Iris Activity Area Chapel Through out the Home		

# March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>POPPY</b></p>	<p><b>Spousal Support Group</b> - 3rd Thursday of the month at 2pm.</p> <p><b>Caregivers Coffee Club</b> - 4th Thursday of the month at 2pm.</p>			 <p><b>Happy St. Patrick's Day!</b></p>	<p>9:30 Walk &amp; Talk <b>1</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Knitting &amp; Knots</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment- Singing Seniors</p>	<p>9:30 Walk &amp; Talk <b>2</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Ladies Tea &amp; Poetry</p> <p>11:00 Restorative Program</p> <p>2:00 Pet Visits</p>
<p>9:30 Faith Based Meditation <b>3</b></p> <p>9:30 Walk &amp; Talk</p> <p>10:00 Pampering</p> <p>11:00 Restorative Program</p> <p>2:00 Wesleyan Church Service</p>	<p>10:00 Pet Visits with Logan <b>4</b></p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p> <p>6:00 Language Games</p>	<p>9:30 Walk &amp; Talk <b>5</b></p> <p>9:30 Morning Meditation</p> <p>10:00 1:1 Visits</p> <p>11:00 Restorative Program</p> <p>2:00 Residents Council Meeting</p> <p>6:00 Crafts</p>	<p>9:30 Walk &amp; Talk <b>6</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Memory Match</p> <p>11:00 Restorative Program</p> <p>2:00 Memorial Service</p>	<p>9:30 Walk &amp; Talk <b>7</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Knitting &amp; Knots</p> <p>11:00 Restorative Program</p> <p>2:00 Anglican Church Service</p>	<p><b>International Women's Day</b> <b>8</b></p> <p>9:30 Walk &amp; Talk</p> <p>9:30 Morning Meditation</p> <p>10:00 Table Bowling</p> <p>11:00 Restorative Program</p> <p>2:00 Woodworking</p>	<p>11:00 Restorative Program <b>9</b></p> <p>6:00 Sing Along</p>
<p><b>Daylight Saving Begins</b> <b>10</b></p> <p>11:00 Restorative Program</p> <p>2:00 Pentecostal Church Service</p>	<p>9:30 Walk &amp; Talk <b>11</b></p> <p>9:30 Morning Meditation</p> <p>10:00 1:1 Visits</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>9:30 Walk &amp; Talk <b>12</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Entertainment- Tom Valiquette</p> <p>11:00 Restorative Program</p> <p>2:00 Arm Chair Travels to Ireland</p>	<p>9:30 Walk &amp; Talk <b>13</b></p> <p>9:30 Morning Meditation</p> <p>10:00 1:1 Visits</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment- Ice No Slice</p>	<p>10:00 <b>St. Patrick's Day Party with Spencer Scharf</b> <b>14</b></p> <p>11:00 Restorative Program</p> <p>2:00 Easter Craft</p> <p>6:00 Colour My World</p>	<p>9:30 Walk &amp; Talk <b>15</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Memory Match</p> <p>11:00 Restorative Program</p> <p>2:00 Men's Club</p>	<p>9:30 Walk &amp; Talk <b>16</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Baking</p> <p>11:00 Restorative Program</p> <p>2:00 St. Patty's Day Social</p>
<p><b>St. Patrick's Day</b> <b>17</b></p> <p>9:30 Faith Based Meditation</p> <p>9:30 Walk &amp; Talk</p> <p>10:00 Ladies Tea Party</p> <p>11:00 Restorative Program</p> <p>2:00 Presbyterian Church Service</p> 	<p>10:00 Food for Thought with Sarah <b>18</b></p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p> <p>6:00 Pet Visits</p>	<p><b>Spring Begins!</b> <b>19</b></p> <p>9:30 Walk &amp; Talk</p> <p>9:30 Morning Meditation</p> <p>10:00 Restorative Program</p> <p>11:00 Fun and Fitness with Kathleen</p> <p>2:00 Entertainment- AL Visser</p>	<p>9:30 Walk &amp; Talk <b>20</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Dice Games</p> <p>11:00 Restorative Program</p> <p>2:00 Painting on Canvas</p>	<p>9:30 Walk &amp; Talk <b>21</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Knitting &amp; Knots</p> <p>11:00 Restorative Program</p> <p>2:00 Palm Service</p>	<p>9:30 Walk &amp; Talk <b>22</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Woodworking</p> <p>11:00 Restorative Program</p> <p>2:00 Baking</p>	<p>11:00 Restorative Program <b>23</b></p> <p>2:00 Entertainment- Jumping Jimmy</p> <p>6:00 Word Games</p>
<p><b>Palm Sunday</b> <b>24</b></p> <p>11:00 Restorative Program</p> <p>2:00 United Church Service</p>	<p>9:30 Walk &amp; Talk <b>25</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Dice Games</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment- Hudson</p>	<p>9:30 Walk &amp; Talk <b>26</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Chair Yoga with Georgia</p> <p>11:00 Restorative Program</p> <p>2:00 Word Games</p>	<p>9:30 Walk &amp; Talk <b>27</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Pampering</p> <p>11:00 Restorative Program</p> <p>2:00 Birthday Tea Party with Chris &amp; Ian</p>	<p>9:30 Walk &amp; Talk <b>28</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Knitting &amp; Knots</p> <p>11:00 Restorative Program</p> <p>2:00 Good Friday Service</p> <p>6:00 Pampering</p>	<p><b>Good Friday</b> <b>29</b></p> <p>11:00 Restorative Program</p> <p>2:00 Movie Matinee</p>	<p>9:30 Walk &amp; Talk <b>30</b></p> <p>9:30 Morning Meditation</p> <p>10:00 Ladies Tea &amp; Poetry</p> <p>11:00 Restorative Program</p> <p>2:00 Pet Visits</p>
<p><b>Easter</b> <b>31</b></p> <p>9:30 Faith Based Meditation</p> <p>9:30 Walk &amp; Talk</p> <p>10:00 Pampering</p> <p>11:00 Restorative Program</p> <p>2:00 Presbyterian Church Service</p>				<p><b>Locations Legend</b></p> <p>Poppy Activity Area</p> <p>Large Activity Room</p> <p>Poppy Lounge</p> <p>Chapel</p> <p>Through out the Home</p>		

# March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>SUNFLOWER</b>	<b>Spousal Support Group</b> - 3rd Thursday of the month at 2pm.  <b>Caregivers Coffee Club</b> - 4th Thursday of the month at 2pm.			 <b>Happy St. Patrick's Day!</b>	10:00 Bingo 11:00 Restorative Program 2:00 Entertainment-Singing Seniors 6:00 Word Games	10:00 Ladies Tea & Poetry 11:00 Restorative Program 2:00 Book Club 6:00 1:1 Visits
11:00 Restorative Program 2:00 Wesleyan Church Service 6:00 Short Stories	10:00 Pet Visits with Logan 10:00 Colour My World 11:00 Restorative Program 2:00 Bingo	11:00 Restorative Program 2:00 Residents Council Meeting	11:00 Restorative Program 2:00 Memorial Service 6:00 Sing Along	10:00 Food for Thought with Sarah 11:00 Restorative Program 2:00 Anglican Church Service 6:00 Noodle Ball	<b>International Women's Day</b> 10:00 Ladies Tea Social 11:00 Restorative Program 2:00 Remember When ...	11:00 Restorative Program 2:00 Crafts
<b>Daylight Saving Begins</b> 11:00 Restorative Program 2:00 Pentecostal Church Service 6:00 Hot Chocolate Cart	10:00 Ball Toss 11:00 Restorative Program 2:00 Bingo 6:00 Noodle Ball	<b>10:00 Entertainment-Tom Valiquette</b> 11:00 Restorative Program 2:00 Fun and Fitness	11:00 Restorative Program 2:00 Entertainment-Ice No Slice	<b>10:00 St. Patrick's Day Party with Spencer Scharf</b> 11:00 Restorative Program 2:00 Easter Craft	10:00 Word Games 11:00 Restorative Program 2:00 Men's Club	11:00 Restorative Program 2:00 St. Patty's Day Social 6:00 Spring Craft
<b>St. Patrick's Day</b> 11:00 Restorative Program 2:00 Presbyterian Church Service 6:00 Short Story: 	10:00 Memory Match 10:00 Pet Visits with Logan 11:00 Restorative Program 2:00 Bingo	<b>Spring Begins!</b> 10:00 Restorative Program 11:00 Fun and Fitness with Kathleen 2:00 Entertainment-AL Visser 6:00 Arm Chair Travel to Ireland	11:00 Restorative Program 2:00 Bean Bag Toss 6:00 Pampering	11:00 Restorative Program 2:00 Palm Service 6:00 Dancing	10:00 Short Stories 11:00 Restorative Program 2:00 Bingo	11:00 Restorative Program 2:00 Entertainment-Jumping Jimmy
<b>Palm Sunday</b> 11:00 Restorative Program 2:00 United Church Service 6:00 Colour My World	10:00 Noodle Ball 11:00 Restorative Program 2:00 Entertainment-Hudson 6:00 Funny Short Stories	10:00 Chair Yoga with Georgia 11:00 Restorative Program 2:00 Word Games	11:00 Restorative Program 2:00 Birthday Tea Party with Chris & Ian	11:00 Restorative Program 2:00 Good Friday Service	<b>Good Friday</b> 11:00 Restorative Program 2:00 Movie Matinee	10:00 Ladies Tea & Poetry 11:00 Restorative Program 6:00 Colour My World
<b>Easter</b> 10:00 Hymn Sing 11:00 Restorative Program 2:00 Presbyterian Church Service 6:00 Short Stories				<b>Locations Legend</b> <div> <div>Large Activity Room</div> <div>Sunflower Activity Area</div> <div>Chapel</div> </div> <div> <div>Poppy Activity Area</div> <div>Sunflower Lounge</div> <div>Through out the Home</div> </div>		