


























February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>Locations Legend</u>  Large Activity Room  Poppy Activity Area  Poppy Lounge  Chapel  Through out the Home  Sunflower Activity Area		 <p>Spousal Support Group: February 20th at 11am</p> <p>Caregivers Coffee Club: February 27th at 2pm</p> 			<p>9:30 Morning Meditation 1</p> <p>10:00 Ladies Tea</p> <p>11:00 Restorative Program</p> <p>2:00 Movie and Hot Chocolate Cart</p>
<p>Groundhog Day 2</p> <p>9:30 Faith Based Meditation</p> <p>10:00 Creating Shadows</p> <p>11:00 Restorative Program </p> <p>2:00 Wesleyan Church Service</p>	<p>11:00 Restorative Program 3</p> <p>2:00 Bingo</p>	<p>9:30 Morning Meditation 4</p> <p>10:00 Dice Games</p> <p>11:00 Restorative Program</p> <p>2:00 Residents Council Meeting</p>	<p>9:30 Morning Meditation 5</p> <p>9:30 Exercise Class with Mai</p> <p>10:00 Colour My World</p> <p>11:00 Restorative Program</p> <p>2:00 Ball Toss</p>	<p>9:30 Morning Meditation 6</p> <p>10:00 "Glammer" Photo Shoot</p> <p>11:00 Restorative Program</p> <p>11:00 Choir Practice</p> <p>2:00 Anglican Church Service</p>	<p>11:00 Restorative Program 7</p> <p>2:00 Entertainment-Singing Seniors</p> <p>6:00 Evening Walking Club</p>	<p>11:00 Restorative Program 8</p>
<p>Super Bowl Sunday! 9</p> <p>11:00 Restorative Program</p> <p>2:00 Pentecostal Church Service</p> 	<p>9:30 Morning Meditation 10</p> <p>10:00 Decorating for Superbowl Party</p> <p>11:00 Restorative Program</p> <p>1:15 Superbowl Party</p> <p>6:00 Word Games</p> 	<p>9:30 Morning Meditation 11</p> <p>10:00 Valentine's Bath Bombs</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>9:30 Morning Meditation 12</p> <p>9:30 Exercise Class with Mai</p> <p>10:00 1:1 Visits</p> <p>11:00 Restorative Program</p> <p>2:00 Decorating for Valentine's</p>	<p>11:00 Restorative Program 13</p> <p>11:00 Choir Practice</p> <p>2:00 Church Service with Rev. Juliet</p>	<p>Valentine's Day 14</p> <p>9:30 Morning Meditation</p> <p>9:30 Indoor Walk & Talk</p> <p>10:00 Galentine's Tea</p> <p>11:00 Restorative Program</p> <p>12:00 Sweetheart Lunch</p> <p>2:00 Sweetheart Social with Al Visser</p>	<p>9:30 Morning Meditation 15</p> <p>10:00 Pampering</p> <p>11:00 Restorative Program</p> <p>2:00 Entertainment-Jumping Jimmy</p>
<p>9:30 Faith Based Meditation 16</p> <p>10:00 Dear Abby</p> <p>11:00 Restorative Program</p> <p>2:00 Presbyterian Church Service</p>	<p>Family Day 17</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p>	<p>National Drink Wine Day 18</p> <p>9:30 Morning Meditation</p> <p>10:00 1:1 Visits</p> <p>11:00 Restorative Program</p> <p>2:00 Wine & Cheese Social</p>	<p>9:30 Morning Meditation 19</p> <p>9:30 Exercise Class with Mai</p> <p>10:00 Crafting</p> <p>11:00 Restorative Program</p> <p>1:30 Movie Matinee</p>	<p>9:30 Morning Meditation 20</p> <p>10:00 Montessori</p> <p>11:00 Restorative Program</p> <p>11:00 Choir Practice</p> <p>2:00 Hymn Sing</p>	<p>9:30 Morning Meditation 21</p> <p>9:30 Indoor Walk & Talk</p> <p>10:00 Parachute Balance</p> <p>11:00 Restorative Program</p> <p>2:00 Men's Club</p> <p>6:00 Colour My World</p>	<p>11:00 Restorative Program 22</p>
<p>11:00 Restorative Program 23</p> <p>2:00 United Church Service</p>	<p>9:30 Morning Meditation 24</p> <p>10:00 Dice Games</p> <p>11:00 Restorative Program</p> <p>2:00 Poppy Monthly Activity Meeting</p> <p>6:00 Fun and Fitness</p>	<p>9:30 Morning Meditation 25</p> <p>10:00 1:1 Visits</p> <p>11:00 Restorative Program</p> <p>2:00 Birthday Party with Ice No Slice</p>	<p>Pink Shirt Day 26</p> <p>9:30 Morning Meditation</p> <p>9:30 Exercise Class with Mai</p> <p>10:00 Voting for Residents Council President</p> <p>11:00 Restorative Program</p> <p>2:00 Painting on Canvas</p>	<p>10:30 Bible Study 27</p> <p>11:00 Restorative Program</p> <p>11:00 Choir Practice</p>	<p>9:30 Morning Meditation 28</p> <p>9:30 Indoor Walk & Talk</p> <p>10:00 Dear Abby</p> <p>11:00 Restorative Program</p> <p>2:00 Word Games</p>	







February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>Locations Legend</u></p> <ul style="list-style-type: none"> Large Activity Room Sunflower Activity Area Chapel 		 <p>Spousal Support Group: February 20th at 11am</p> <p>Caregivers Coffee Club: February 27th at 2pm</p> 			<ul style="list-style-type: none"> 10:00 Crafting 1 11:00 Restorative Program 2:00 Afternoon Movie 6:00 1:1 Visits
<p>Groundhog Day 2</p> <ul style="list-style-type: none"> 10:00 Colour My World 11:00 Restorative Program  2:00 Wesleyan Church Service 6:00 Short Stories 	<p>3</p> <ul style="list-style-type: none"> 10:00 Pampering & Puzzles 11:00 Restorative Program 2:00 Bingo 	<p>4</p> <ul style="list-style-type: none"> 9:30 Exercise Class with Mai 11:00 Restorative Program 2:00 Residents Council Meeting 	<p>5</p> <ul style="list-style-type: none"> 11:00 Restorative Program 	<p>6</p> <ul style="list-style-type: none"> 10:00 "Glammer" Photo Shoot 11:00 Restorative Program 11:00 Choir Practice 2:00 Anglican Church Service 	<p>7</p> <ul style="list-style-type: none"> 10:00 Valentine's Crafts 11:00 Restorative Program 2:00 Entertainment-Singing Seniors 	<p>8</p> <ul style="list-style-type: none"> 11:00 Restorative Program
<p>Super Bowl Sunday! 9</p> <ul style="list-style-type: none"> 11:00 Restorative Program 2:00 Pentecostal Church Service 	<p>10</p> <ul style="list-style-type: none"> 10:00 Colour My World 11:00 Restorative Program 1:15 Superbowl Party 	<p>11</p> <ul style="list-style-type: none"> 9:30 Exercise Class with Mai 10:00 Current Events 11:00 Restorative Program 2:00 Bingo 	<p>12</p> <ul style="list-style-type: none"> 10:00 Funny Short Stories 11:00 Restorative Program 2:00 Word Games - Hangman 	<p>13</p> <ul style="list-style-type: none"> 10:00 Pampering 11:00 Restorative Program 11:00 Choir Practice 2:00 Church Service with Rev. Juliet 	<p>Valentine's Day 14</p> <ul style="list-style-type: none"> 11:00 Restorative Program 12:00 Sweetheart Lunch 2:00 Sweetheart Social with Al Visser 	<p>15</p> <ul style="list-style-type: none"> 10:00 Current Events 11:00 Restorative Program 2:00 Entertainment-Jumping Jimmy 6:00 Remember When..
<p>16</p> <ul style="list-style-type: none"> 10:00 Hymn Sing 11:00 Restorative Program 2:00 Presbyterian Church Service 6:00 1:1 Visits 	<p>Family Day 17</p> <ul style="list-style-type: none"> 10:00 Funny Short Stories 11:00 Restorative Program 2:00 Bingo 	<p>National Drink Wine Day 18</p> <ul style="list-style-type: none"> 9:30 Exercise Class with Mai 11:00 Restorative Program 2:00 Wine & Cheese Social 	<p>19</p> <ul style="list-style-type: none"> 11:00 Restorative Program 1:30 Movie Matinee 	<p>20</p> <ul style="list-style-type: none"> 10:00 Arm Chair Travels 11:00 Restorative Program 11:00 Choir Practice 2:00 Hymn Sing 	<p>21</p> <ul style="list-style-type: none"> 10:00 Sunflower Monthly Activity Meeting 11:00 Restorative Program 2:00 Men's Club 	<p>22</p> <ul style="list-style-type: none"> 11:00 Restorative Program
<p>23</p> <ul style="list-style-type: none"> 11:00 Restorative Program 2:00 United Church Service 	<p>24</p> <ul style="list-style-type: none"> 10:00 Crafting 11:00 Restorative Program 2:00 Bingo 	<p>25</p> <ul style="list-style-type: none"> 9:30 Exercise Class with Mai 10:00 Trivia 11:00 Restorative Program 2:00 Birthday Party with Ice No Slice 	<p>Pink Shirt Day 26</p> <ul style="list-style-type: none"> 10:00 Voting for Residents Council President 11:00 Restorative Program 2:00 Baking Muffins 	<p>27</p> <ul style="list-style-type: none"> 10:30 Bible Study 11:00 Restorative Program 11:00 Choir Practice 2:00 Tea Party 	<p>28</p> <ul style="list-style-type: none"> 11:00 Restorative Program 	








February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>Locations Legend</u></p> <ul style="list-style-type: none"> ■ Large Activity Room ■ Iris Activity Area ■ Chapel ■ Poppy Activity Area 		 <p>Spousal Support Group: February 20th at 11am</p> <p>Caregivers Coffee Club: February 27th at 2pm </p>			<ul style="list-style-type: none"> ■ 11:00 Restorative Program ■ 6:00 Movie Night
<p>Groundhog Day 2</p> <ul style="list-style-type: none"> ■ 11:00 Restorative Program ■ 2:00 Wesleyan Church Service ■ 6:00 Pampering 	<p>3</p> <ul style="list-style-type: none"> ■ 9:30 Exercise Class with Mai ■ 10:00 Baking Cookies ■ 11:00 Restorative Program ■ 2:00 Bingo 	<p>4</p> <ul style="list-style-type: none"> ■ 9:30 Farm Chores ■ 10:30 Trivia ■ 11:00 Restorative Program ■ 2:00 Residents Council Meeting 	<p>5</p> <ul style="list-style-type: none"> ■ 10:00 Card Club ■ 11:00 Restorative Program ■ 2:00 Table Bowling 	<p>6</p> <ul style="list-style-type: none"> ■ 10:00 "Glammer" Photo Shoot ■ 11:00 Restorative Program ■ 11:00 Choir Practice ■ 2:00 Anglican Church Service 	<p>7</p> <ul style="list-style-type: none"> ■ 11:00 Restorative Program ■ 2:00 Entertainment-Singing Seniors 	<p>8</p> <ul style="list-style-type: none"> ■ 10:00 Manicures ■ 11:00 Restorative Program ■ 2:00 Sequence Games
<p>Super Bowl Sunday! 9</p> <ul style="list-style-type: none"> ■ 10:00 The Milk Bag Project ■ 11:00 Restorative Program ■ 2:00 Pentecostal Church Service 	<p>10</p> <ul style="list-style-type: none"> ■ 9:30 Exercise Class with Mai ■ 11:00 Restorative Program ■ 1:15 Superbowl Party 	<p>11</p> <ul style="list-style-type: none"> ■ 9:30 Farm Chores ■ 10:30 Finish the Line ■ 11:00 Restorative Program ■ 2:00 Bingo 	<p>12</p> <ul style="list-style-type: none"> ■ 10:00 Card Club ■ 11:00 Restorative Program ■ 2:00 Decorating for Valentine's 	<p>13</p> <ul style="list-style-type: none"> ■ 10:00 Crafting ■ 11:00 Restorative Program ■ 11:00 Choir Practice ■ 2:00 Church Service with Rev. Juliet 	<p>Valentine's Day 14</p> <ul style="list-style-type: none"> ■ 10:00 Galentine's Tea ■ 11:00 Restorative Program  ■ 12:00 Sweetheart Lunch ■ 2:00 Sweetheart Social with Al Visser 	<p>15</p> <ul style="list-style-type: none"> ■ 11:00 Restorative Program ■ 2:00 Entertainment-Jumping Jimmy ■ 6:00 Hot Chocolate Cart
<p>16</p> <ul style="list-style-type: none"> ■ 11:00 Restorative Program ■ 2:00 Presbyterian Church Service ■ 6:00 Arm Chair Travels 	<p>Family Day 17</p> <ul style="list-style-type: none"> ■ 9:30 Exercise Class with Mai ■ 10:00 Iris Monthly Activity Meeting ■ 11:00 Restorative Program ■ 2:00 Bingo 	<p>National Drink Wine Day 18</p> <ul style="list-style-type: none"> ■ 9:30 Farm Chores ■ 10:30 Trivia ■ 11:00 Restorative Program ■ 2:00 Wine & Cheese Social 	<p>19</p> <ul style="list-style-type: none"> ■ 10:00 Card Club ■ 11:00 Restorative Program ■ 1:30 Movie Matinee 	<p>Love Your Pet Day 20</p> <ul style="list-style-type: none"> ■ 10:00 Pet Visits ■ 11:00 Restorative Program ■ 11:00 Choir Practice ■ 2:00 Hymn Sing 	<p>21</p> <ul style="list-style-type: none"> ■ 11:00 Restorative Program ■ 2:00 Men's Club 	<p>22</p> <ul style="list-style-type: none"> ■ 10:00 Manicures ■ 11:00 Restorative Program ■ 2:00 Board Games
<p>23</p> <ul style="list-style-type: none"> ■ 10:00 The Milk Bag Project ■ 11:00 Restorative Program ■ 2:00 United Church Service 	<p>24</p> <ul style="list-style-type: none"> ■ 9:30 Exercise Class with Mai ■ 11:00 Restorative Program 	<p>25</p> <ul style="list-style-type: none"> ■ 9:30 Farm Chores ■ 10:00 Finish the Line ■ 11:00 Restorative Program ■ 2:00 Birthday Party with Ice No Slice 	<p>Pink Shirt Day 26</p> <ul style="list-style-type: none"> ■ 10:00 Voting for Residents Council President ■ 11:00 Restorative Program 	<p>27</p> <ul style="list-style-type: none"> ■ 10:00 Colour My World ■ 11:00 Restorative Program ■ 11:00 Choir Practice ■ 2:00 Bible Study 	<p>28</p> <ul style="list-style-type: none"> ■ 10:00 Card Club ■ 11:00 Restorative Program ■ 2:00 Bingo 	

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Carnation</p>	<p><u>Locations Legend</u></p> <ul style="list-style-type: none"> █ Large Activity Room █ Carnation Activity Area █ Chapel 		 <p>Spousal Support Group: February 20th at 11am</p> <p>Caregivers Coffee Club: February 27th at 2pm</p> 			<p>11:00 Restorative Program 1</p>
<p>Groundhog Day 2</p> <p>11:00 Restorative Program</p> <p>2:00 Wesleyan Church Service</p> 	<p>9:30 Stretches 3</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p> <p>6:00 Card Club</p>	<p>9:30 Painting 4</p> <p>11:00 Restorative Program</p> <p>2:00 Residents Council Meeting</p> <p>6:00 Pampering</p>	<p>11:00 Restorative Program 5</p> <p>2:00 Trivia Night</p>	<p>9:30 Exercise Class with Mai 6</p> <p>10:00 "Glammer" Photo Shoot</p> <p>11:00 Restorative Program</p> <p>11:00 Choir Practice</p> <p>2:00 Anglican Church Service</p>	<p>11:00 Restorative Program 7</p> <p>2:00 Entertainment-Singing Seniors</p>	<p>10:00 Sewing Class 8</p> <p>11:00 Restorative Program</p> <p>2:00 Afternoon Movie</p>
<p>Super Bowl Sunday! 9</p> <p>9:30 The Milk Bag Project</p> <p>11:00 Restorative Program</p> <p>2:00 Pentecostal Church Service</p>	<p>11:00 Restorative Program 10</p> <p>1:15 Superbowl Party</p> <p>6:00 Card Club</p> 	<p>11:00 Restorative Program 11</p> <p>2:00 Bingo</p> <p>6:00 Arm Chair Travels</p>	<p>11:00 Restorative Program 12</p> <p>2:00 Decorating for Valentine's</p> <p>6:00 Board Games</p>	<p>9:30 Exercise Class with Mai 13</p> <p>10:00 Valentine's Craft</p> <p>11:00 Restorative Program</p> <p>11:00 Choir Practice</p> <p>2:00 Church Service with Rev. Juliet</p>	<p>Valentine's Day 14</p> <p>11:00 Restorative Program</p> <p>12:00 Sweetheart Lunch</p> <p>2:00 Sweetheart Social with Al Visser</p> <p>6:00 Card Club </p>	<p>11:00 Restorative Program 15</p> <p>2:00 Entertainment-Jumping Jimmy</p>
<p>11:00 Restorative Program 16</p> <p>2:00 Presbyterian Church Service</p>	<p>Family Day 17</p> <p>11:00 Restorative Program</p> <p>2:00 Bingo</p> <p>6:00 Card Club</p>	<p>National Drink Wine Day 18</p> <p>9:30 Sewing Class</p> <p>11:00 Restorative Program</p> <p>2:00 Wine & Cheese Social</p> <p>6:00 Movie Night</p>	<p>11:00 Restorative Program 19</p> <p>1:30 Movie Matinee</p> <p>6:00 Card Club</p>	<p>9:30 Exercise Class with Mai 20</p> <p>10:30 Bible Study</p> <p>11:00 Restorative Program</p> <p>11:00 Choir Practice</p> <p>2:00 Hymn Sing</p>	<p>11:00 Restorative Program 21</p> <p>2:00 Men's Club</p>	<p>10:00 Baking Cookies 22</p> <p>11:00 Restorative Program</p> <p>2:00 Afternoon Movie</p>
<p>9:30 The Milk Bag Project 23</p> <p>11:00 Restorative Program</p> <p>2:00 United Church Service</p>	<p>11:00 Restorative Program 24</p> <p>2:00 Bingo</p> <p>6:00 Card Club</p>	<p>11:00 Restorative Program 25</p> <p>2:00 Birthday Party with Ice No Slice</p> <p>6:00 Name That Tune</p>	<p>Pink Shirt Day 26</p> <p>10:00 Voting for Residents Council President</p> <p>11:00 Restorative Program</p> <p>6:00 Pampering</p>	<p>9:30 Exercise Class with Mai 27</p> <p>10:00 Bowling</p> <p>11:00 Restorative Program</p> <p>11:00 Choir Practice</p> <p>2:00 Sewing Class</p>	<p>11:00 Restorative Program 28</p> <p>2:00 Basketball</p> <p>6:00 Card Club</p>	

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>Locations Legend</u></p> <ul style="list-style-type: none"> ■ Large Activity Room ■ Dahlia Activity Area ■ Chapel ■ Carnation Activity Area 		 <p>Spousal Support Group: February 20th at 11am</p> <p>Caregivers Coffee Club: February 27th at 2pm </p>			<ul style="list-style-type: none"> 10:00 Groundhog Target practice 1 11:00 Restorative Program 2:00 Water Color Painting
<p>Groundhog Day 2</p> <ul style="list-style-type: none"> 10:00 Hymn Sing 11:00 Restorative Program 2:00 Wesleyan Church Service 	<ul style="list-style-type: none"> 10:00 Darts 3 11:00 Restorative Program 2:00 Bingo 	<ul style="list-style-type: none"> 11:00 Restorative Program 4 2:00 Residents Council Meeting 	<ul style="list-style-type: none"> 10:00 Line Dancing 5 11:00 Restorative Program 2:00 Racing Cars 	<ul style="list-style-type: none"> 10:00 Trivia 6 11:00 Restorative Program 11:00 Choir Practice 2:00 Anglican Church Service 6:00 Funny Short Stories 	<ul style="list-style-type: none"> 9:30 Exercise with Mai 7 10:00 Residents Portraits 11:00 Restorative Program 2:00 Entertainment-Singing Seniors 	<ul style="list-style-type: none"> 11:00 Restorative Program 8
<p>Super Bowl Sunday! 9</p> <ul style="list-style-type: none"> 11:00 Restorative Program 2:00 Pentecostal Church Service 	<ul style="list-style-type: none"> 10:00 Darts 10 11:00 Restorative Program 1:15 Superbowl Party 	<ul style="list-style-type: none"> 11:00 Restorative Program 11 2:00 Bingo 	<ul style="list-style-type: none"> 10:00 Table Bowling 12 11:00 Restorative Program 2:00 Dahlia Recreation Club 	<ul style="list-style-type: none"> 11:00 Restorative Program 13 11:00 Choir Practice 2:00 Church Service with Rev. Juliet 6:00 Galentine's Evening of Pampering 	<p>Valentine's Day 14</p> <ul style="list-style-type: none"> 9:30 Exercise with Mai 10:00 Special Projects "Just for You" 11:00 Restorative Program 12:00 Sweetheart Lunch 2:00 Sweetheart Social with Al Visser 	<ul style="list-style-type: none"> 10:00 Planting Herbs 15 11:00 Restorative Program 2:00 Entertainment-Jumping Jimmy
<ul style="list-style-type: none"> 10:00 Hymn Sing 16 11:00 Restorative Program 2:00 Presbyterian Church Service 	<p>Family Day 17</p> <ul style="list-style-type: none"> 10:00 Darts 11:00 Restorative Program 2:00 Bingo 	<p>National Drink Wine Day 18</p> <ul style="list-style-type: none"> 11:00 Restorative Program 2:00 Wine & Cheese Social 	<ul style="list-style-type: none"> 10:00 Centre Piece Club 19 11:00 Restorative Program 1:30 Movie Matinee 	<ul style="list-style-type: none"> 10:30 Bible Study 20 11:00 Restorative Program 11:00 Choir Practice 2:00 Hymn Sing 6:00 Dice Games 	<ul style="list-style-type: none"> 9:30 Exercise with Mai 21 10:00 Special Projects "Just for You" 11:00 Restorative Program 2:00 Men's Club 	<ul style="list-style-type: none"> 11:00 Restorative Program 22
<ul style="list-style-type: none"> 11:00 Restorative Program 23 2:00 United Church Service 	<ul style="list-style-type: none"> 10:00 Darts 24 11:00 Restorative Program 	<ul style="list-style-type: none"> 11:00 Restorative Program 25 2:00 Birthday Party with Ice No Slice 	<p>Pink Shirt Day 26</p> <ul style="list-style-type: none"> 10:00 Laundry Bin Ball Toss 10:00 Voting for Residents Council President 11:00 Restorative Program 2:00 Water Color Painting 	<ul style="list-style-type: none"> 11:00 Restorative Program 27 11:00 Choir Practice 6:00 Movie Night 	<ul style="list-style-type: none"> 9:30 Exercise with Mai 28 10:00 Special Projects "Just for You" 11:00 Restorative Program 2:00 Table Bowling 	